

HANDWASHING

REGULAR HANDWASHING KEEPS INFECTIONS AT BAY

Many types of infections like diarrhoea, cough and COVID-19 etc.
can be avoided by regularly washing hands with soap.

CORRECT WAY OF WASHING HANDS



CRITICAL TIMES, WHEN HANDWASHING SHOULD BE PRACTICED

- ✓ Before cooking, feeding others and eating food
- ✓ After using the toilet

- ✓ After coming in contact with animals
- ✓ After cleaning the house and disposing of garbage

For more information, contact Self Help Group member of your area.

