



BREASTFEEDING

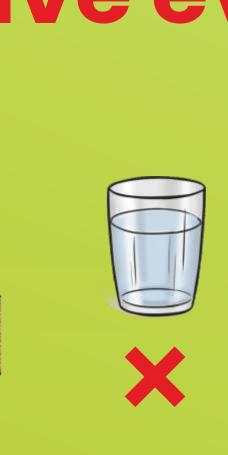
EXCLUSIVE BREASTFEEDING FOR FIRST 6 MONTHS IS CRITICAL FOR A HEALTHY CHILD.

Mother's milk is a complete food.

- One hour of birth.
- Mother's first milk (colostrum) is very beneficial for the child. It boosts immunity.
- Of Breastmilk has sufficient amount of energy, protein, fat and other micro-nutrients required for optimum growth of the child.



















CONTINUE BREASTFEEDING DURING DAY AND NIGHT WHENEVER CHILD DEMANDS, CRIES OR IS HUNGRY.